

**Date:** 01/26/07

## **Final Report**

**Account:** Account  
**Contact:** Contact  
**Reference #:** 9999999  
**Patient:** Name  
**Subscriber #:** 999999999

**History:** This patient is a 17 year old female who presented to a plastic surgeon requesting a breast reduction. She was noted to have pendulous breasts, a body surface area of 1.83, and complained of upper and lower back pain, tightness in her neck, shoulder pain, grooves in her shoulders from her bra straps, and intertrigo. She has not seen a chiropractor, nor physical therapist, nor has she complained to her regular doctor. The surgeon estimates removal of approximately 400 grams of tissue per side.

### **Case Management Intervention:**

This referral was received on 01/25/07 to review the medical necessity of the bilateral breast reduction. The medical information received with the referral was reviewed. Guidelines for medical necessity were not met and therefore arrangements were made for the case to be reviewed by a physician consultant.

### **Case Management Recommendations:**

- According to the physician consultant, there was no medical opinion independent of the requesting surgeon substantiating the need for this surgery, there is no history of conservative therapy, the patient's problems do not appear to interfere with activities of daily living to the point that warrants surgical intervention, and the amount proposed for tissue removal is less than what is required to justify this surgery. For these reasons the consultant has opined "this procedure cannot be considered medically necessary and should be managed as a cosmetic procedure".
- The patient and provider have not been advised of the outcome of this review.
- This case will be closed as no further case management services are indicated.

Thank you for this referral. Please contact the undersigned with any questions.

Case Manager RN, BSN

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Date: 01/26/2007

**Cost Savings Report**

**Account:** Account  
**Reference #:** 9999999  
**Patient:** Name  
**Subscriber #:** 999999999  
**Event:** Disorder of the breast (consult)  
**Date Range:** 01/25/07 - 01/26/07

Category	Amount	Type	Details
Direct	\$ 10,000.00	Non-recommended Outpatient services	Bilateral breast reduction surgery not medically necessary per physician consult (per National Fee Analyzer the procedure is \$4068.50 per side, plus additional \$2000 for facility charges).

<b>Direct Savings:</b>	<b>\$ 10,000.00</b>
<b>Direct Expenses(-):</b>	<b>\$ 0.00</b>
<b>Total direct savings for this period:</b>	<b>\$ 10,000.00</b>
<b>Total direct savings for this event to date:</b>	<b>\$ 10,000.00</b>
<b>Indirect Savings:</b>	<b>\$ 0.00</b>
<b>Total indirect savings for this event to date:</b>	<b>\$ 0.00</b>