

Date: 09/22/06

Initial Report

Account: Account
Contact: Contact
Reference #: 9999999
Patient: Name
Subscriber #: 999999999
Group #: 999999

History: On 8/2/06 this 35 year old male underwent excision of a pilonidal cyst. The post operative surgical wound was 12 cm by 10 cm by 2 cm. Wet to dry dressing changes with normal saline were initiated.

The patient followed up with his physician on 8/24/06 and 9/7/06. The physician has documented the wound is granulating and healing well. He has not documented the wound size in his office notes. The wet to dry normal saline dressing changes continue.

The patient has been obtaining his dressing supplies including kerlix, ABD pads, tape and normal saline from a local pharmacy, Bill's Prescription Center (out of network).

Case Management Intervention:

- This referral was received on 8/15/06 to review the medical necessity of a wound vac to begin 8/15/06.
- Homelink provided medical documentation regarding the patient's wound, and this was reviewed. The documentation indicated a diagnosis of pilonidal cyst, but did not contain information regarding the past treatment, healing thus far, etc.
- Homelink was contacted and they were advised that guidelines indicate wound vac treatment is experimental/investigational for a pilonidal cyst, and that additional information would be needed to determine if the cyst had been surgically removed, when, what treatment had been applied thus far to the wound, and if any healing had occurred, before making a recommendation for this treatment. Contact was maintained with Homelink.
- The physician's office was contacted. The operative report was received and reviewed. It was confirmed the patient underwent surgical excision of the pilonidal cyst on 8/2/06. The physician's office was advised on 8/16/06 that the wound vac guidelines indicate the wound must be over 30 days old and with no signs of healing. The physician did decide to hold off on the wound vac, and wet to dry dressings were to be continued.

- Contact has been maintained with the physician's office. Thus far the wound vac has not been ordered again. As the physician has documented wound granulation and healing, it is not anticipated that the wound vac will be necessary. Additional information has been requested from the physician's office regarding the actual size of the wound, and how long the physician anticipates the patient will require the dressing, but this has not been provided.
- Emailed information regarding the prescribed supplies for the dressing changes, and two receipts from Bill's Prescription Center dated 8/3/06 and 8/15/06 were reviewed. The supplies include kerlix, ABD pads, silk tape and normal saline.
- Homelink was contacted to obtain price quotes for the supplies this patient is using for his dressing changes. The prices quoted are lower than those of Bill's Prescription Center.
- Two attempts have been made to contact the patient via telephone to discuss his wound, the dressing supplies, and the possibility of obtaining these supplies from an in network provider such as Homelink. He has not responded to messages left at his home.

Case Management Recommendations:

- The wound vac does not meet criteria for medical necessity and is not recommended.
- The dressing change supplies including kerlix, ABD pads, tape and normal saline are medically appropriate. The quantities listed on the 8/3/06 and 8/15/06 appear reasonable.
- Further attempt will be made to contact the patient to determine whether it will be appropriate to obtain additional supplies from Homelink.
- This file will remain open to case management services until the patient's healing is complete.

Thank you for this referral. Please contact the undersigned with any questions.

Case Manager RN, BSN

Continued...



CASE MANAGEMENT SPECIALISTS, INC.

... PROMOTING CONSUMERISM IN HEALTH CARE

Date: 09/22/2006

Cost Savings Report

Account: Account
Reference #: 9999999
Patient: Name
Subscriber #: 999999999
Group #: 999999
Event: Disorder of skin and subcutaneous tissue (CM)
Date Range: 08/15/06 - 09/22/06

Category	Amount	Type	Details
Direct	\$ 5,982.00	Conserved services	Savings on wound vac for 39 days (8/15/06-9/22/06): \$118 per day rental \$40 every 3 days for cannisters \$43 every other day for dressing sets
Expense	\$ 59.90		Wet to dry dressing change supplies 8/15/06.
Direct Savings:			\$ 5,982.00
Direct Expenses(-):			\$ 59.90
Total direct savings for this period:			\$ 5,922.10
Total direct savings for this event to date:			\$ 5,922.10
Indirect Savings:			\$ 0.00
Total indirect savings for this event to date:			\$ 0.00