

**Date:** 10/31/06

## Final Report

**Account:** Account  
**Contact:** Contact  
**Reference #:** 9999999  
**Patient:** Name  
**Subscriber #:** 999999999  
**Group #:** 999999

**History:** From 9/12/06 to 9/15/06, this 69 year old male was hospitalized at Delray Hospital (in network) for a right hip replacement. Initially, the plan was for the patient to go to a skilled nursing facility for rehab but the patient wanted to go home. He was discharged with orders for home physical therapy and skilled nursing visits through Homelink. He was also discharged on Lovenox injections for 14 days. Durable medical equipment was not needed because the patient already had a walker and a commode from a prior left hip replacement one year ago.

From 9/16/06 through 9/26/06, the patient received a total of five skilled nursing visits for Lovenox injections. Initially, the patient's wife was refusing to learn the injections because she felt more comfortable with the home care nurses coming in to check on him. However, she agreed to learn the injections after speaking with this case manager.

From 9/18/06 through 9/29/06, the patient received a total of six home physical therapy sessions. On the initial evaluation, the patient had decreased range of motion of the right hip and lower leg along with decreased strength. He was walking with a rolling walker and had some difficulty transferring in and out of bed. Physical therapy worked with the patient on transfer training, gait training and steps. He was also taught positioning techniques to reduce edema. This writer was originally told that the patient would not need any outpatient therapy but according to the patient's wife, he did have four outpatient therapy sessions after being discharged from home care.

### Case Management Interventions:

- This referral was received on 9/13/06 to review a request for inpatient rehabilitation.
- Confirmed that the account is primary insurance and Medicare is secondary as the patient is still working.
- Contacted the skilled nursing facility and the hospital case manager to review therapy progress and assess the need for rehabilitation. The hospital case

manager reported that the patient wanted to go home and she contacted Gentiva for home care.

- Contacted the home health agency and redirected the referral through Homelink.
- Contacted Homelink and provided recommendations for home health care.
- Reviewed the initial physical therapy assessment and plan of care.
- Contacted the patient and his wife to discuss their reluctance to learn the Lovenox injections. Spoke with them about transition to outpatient therapy and informed them of the homebound requirement for home health services. Advised the patient and his wife about the benefit limits through insurance for outpatient therapy and informed them that in order to receive the most benefit through Medicare, he should attend outpatient therapy at a hospital based therapy department.

**Case Management Recommendations:**

- 9/12/06 to 9/15/06 inpatient hospitalization at Delray Hospital (in network) was reviewed by UR vendor.
- 9/16/06, 9/17/06, 9/18/06, 9/19/06 and 9/25/06, skilled nursing visits through Homelink were medically necessary.
- 9/18/06, 9/20/06, 9/22/06, 9/25/06, 9/27/06 and 9/29/06, home physical therapy visits through Homelink were medically necessary.
- This writer will close this file, as services are no longer indicated.

Thank you for this referral. Please contact the undersigned with any questions.

Case Manager RN, BSN

Continued...

**Date:** 10/31/2006

**Cost Savings Report**

**Account:** Account  
**Reference #:** 9999999  
**Patient:** Name  
**Subscriber #:** 999999999  
**Group #:** 999999  
**Event:** Arthritis/osteoarthritis (CM)  
**Date Range:** 09/13/06 - 10/31/06

Category	Amount	Type	Details
Direct	\$ 1,044.00	Conserved services	From 9/16 to 9/30/06, conserved nine home skilled nursing visits at \$116 each

**Direct Savings:** \$ 1,044.00

**Direct Expenses(-):** \$ 0.00

**Total direct savings for this period:** \$ 1,044.00

**Total direct savings for this event to date:** \$ 1,044.00

**Indirect Savings:** \$ 0.00

**Total indirect savings for this event to date:** \$ 0.00