

Date: 12/21/10

Final Report

Account:

Contact:

Reference #:

Patient:

Subscriber #:

History: This 62 year old female required a right knee replacement. She chose to have her surgery as an outpatient procedure at the Orthopedic and Sports Surgery Center, and then recover at "The Recovery Inn," a skilled nursing facility that is located within a wing of the ambulatory surgery center. The Recovery Inn is owned and operated by St. Paul Elder Services, Inc. Surgery was performed on 12/17/10 and she recovered without incident at the Recovery Inn. The patient was discharged to home on 12/20/10 with plans to attend outpatient physical therapy at the Orthopedic and Sports Surgery Center.

Case Management Intervention:

- This file was opened on 12/2/10 when the patient contacted this writer to verify that the notification process had been completed. Since surgery was to be outpatient, CMS was never notified. The patient explained her plans to have the knee replaced as an outpatient and to recover at the Recovery Inn. This writer maintained contact with the patient throughout this review process.
- Contacted the Fund, informed of this situation and it was agreed I should investigate this option.
- Spoke with both the Orthopedic and Sports Surgery Center and the Recovery Inn to discuss their program and plan. The Recovery Inn is a 12 bed skilled nursing facility where patients recover from outpatient orthopedic surgery, generally hip and knee replacements, that are performed at the Orthopedic and Sports Surgery Center. The staff are specially trained and only treat orthopedic patients.
- Facilitated the signing of a letter of agreement for a per diem rate of \$800 per day all inclusive except for physician fees. Charges would be processed as in-network.
- Monitored the stay at the Recovery Inn; no discharge planning was needed.

Case Management Recommendations:

- The three day skilled nursing facility stay at the Recovery Inn from 12/17-20/10 was medically appropriate at the rate of \$800 per diem all inclusive. This does not include physician fees.
- This writer will close this file as services are no longer indicated.

Thank you for this referral. Please contact the undersigned with any questions.

Nurse Case Manager RN-BC, CCM

(Cost savings on next page.)

Date: 12/21/2010

Cost Savings Report

Account:
Reference #:
Patient:
Subscriber #:
Event: Knee disorder (CM)
Date Range: 12/21/10 - 12/21/10

Category	Amount	Type	Details
Direct	\$ 14,565.00	Transfer to a lower level of care	SNF recovery after a right total knee replacement in lieu of hospitalization, 12/17-20/10. Estimated daily hospital rate of \$5655- \$800/SNF diem = \$4855 x 3 days.
Total Direct Amount:			\$ 14,565.00
Direct Expenses(-):			\$ 0.00
Admin Auth(-):			\$ 0.00
Total direct savings for this period:			\$ 14,565.00
Total direct savings for this event to date:			\$ 14,565.00
Indirect Savings:			\$ 0.00
Total indirect savings for this event to date:			\$ 0.00